



GOODness Grows 2025

* Celebrating 15 years of GOODness *

April 7-13, 2025



What is GOODness Grows?

- We believe goodness grows, and that one good deed leads to another. Our goal is to add goodness to our community because kindness matters. GOODness Grows is a week-long event from April 7-13. Each day the community is challenged with GOODness missions to carry out. Please join us in acts of goodness to spread kindness and joy across Summit County and beyond.

Our Challenge to You!

- Take part in 10 acts of GOODness this week, and see how kindness and goodness spread in your heart and the hearts of those around you. Watch and see how goodness grows...

Daily Missions:

- **Monday, April 7th - *Make-It Monday***- Get creative and make or bake something for a neighbor or a friend. Bake some cookies, make someone dinner, create a bracelet, draw a picture. Have fun and make someone's day!
- **Tuesday, April 8th - *Teacher Tuesday***- Find a way to show gratitude to your teacher, your coach, or a mentor in your life. Bring them a special treat, a homemade card, or other little way to add goodness to their day.
- **Wednesday, April 9th - *We Give Wednesday***- This is your chance to be creative and come up with your very own GOODness mission to give back to your community Volunteer for a non-profit, walk dogs at the animal shelter, shovel a neighbor's walk way. Have fun, and add Goodness to someone's day.
- **Thursday, April 10th - *Thank You Thursday***- Write a note of thanks to a friend, or family member. Show gratitude and appreciation. Send a letter in the mail to a grandparent, cousin, or far away friend.
- **Friday, April 11th - *Fill up the Food Banks Friday***- Drop off food at the local food banks in Summit County. Every little bit helps us care for our neighbors and community.
- **Saturday, April 12th - *Saturday 'You Matter' Day***- Say something nice to a friend or family member via text, phone call, or Facetime. Stay connected and let people know that you are thinking of them and that they matter to you.
- **Sunday, April 13th - *Service Sunday***- Do one act of kindness for someone today. Either big or small. Be of service to someone or to an organization today.

Sponsor GOODness Grows:

- GOODness Grows is a fundraiser for Summit County Youth, which provides free programming for youth in Summit County. Check out www.thescy.com to find out more.

More GOODness Ideas:

- Deliver free breakfast/donuts & juice
- Write some affirmations and personally deliver
- Give compliments all day long, let that be your first sentence to everyone
- Bake some GOODies and deliver them
- Decorate someone's door or wall somehow ("post-its" with pics or fun words)
- Babysit for free
- Deliver someone their favorite drink
- Handwrite a letter and mail it to someone special
- Buy a lottery ticket for a stranger
- Give a huge tip to a server
- Pick up some litter
- Deliver cards or something NICE to the Post Offices, Fire Stations, Police Stations
- Volunteer at a local non-profit
- Return the shopping carts
- Pay someone's tab behind you
- Visit an animal shelter
- Send flowers
- Tell a parent how awesome their kid(s) are
- Share inspirational quotes or a music playlist with someone
- Make people smile or laugh
- Be polite on the road
- Offer to take someone's dog for a walk
- Shovel a neighbor's walk way