



Celebrating  
15 years of  
**GOODness**  
April 7 - 13, 2024

Powered By:



## GOODness Grows When....

We play with friends. Dave- age 43

I don't hurry, but rather accept the moment at hand, and embrace the people in it. Tony - age 45

We nurture our own needs and then are able to attend to the needs of others, with love and kindness. Kerry- Teacher

Laughter is shared. Jackie - Teacher

I get to sled with my friends. Kindergartner

When we smile. Kelly - age 39

You water it with love. Aaron - age 45

People dance. 4th grader

We know our neighbors. Dawn - age 67

It is shared. Teacher

We appreciate and acknowledge out loud the goodness in others. Susan - Teacher

You are kind to everybody. 4th grader

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## Daily Goodness Missions:

**Make-It Monday:** Get creative and make or bake something for a neighbor or a friend. Bake some cookies, make someone dinner, create a bracelet, draw a picture. Have fun and make someone's day!

**Teacher Tuesday:** Show gratitude to your teacher, your coach, or a mentor in your life. Bring them a special treat, a homemade card, or other little way to add goodness to their day.

**We Give Wednesday:** Check out needs of our local non-profits. Help pack food at Smart Bellies, the FIRC, or check out other local non-profit needs at [summitfoundation.org](http://summitfoundation.org).

**Thank You Thursday:** Write a note of thanks to a friend or family member. Send a letter in the mail to a grandparent, cousin, or far away friend.

**Fill Up the Food Banks Friday:** Drop off food at the local food banks in Summit County. Every little bit helps us care for our neighbors and community.

**Saturday "You Matter" Day:** Say something nice to a friend or family member via text, phone call, or Facetime. Stay connected and let people know they matter to you.

**Service Sunday:** Be of service to someone today. Have fun and add goodness to someone's day.

Any questions, contact Holly at 970-389-4374

## What is GOODness Grows?

We believe goodness grows, and that one good deed leads to another. GOODness Grows is a week-long event from April 7 - 13. Each day the community is challenged with GOODness missions to carry out. Please join us in acts of goodness to spread kindness and joy across Summit County and beyond.

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